



## Sonication Assisted Callus Growth, Protein Content, and Plant Regeneration of *Silybum marianum* L.

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**Abstract:** *Silybum marianum* L. is considered one of the most extensively used medicinal plants worldwide due to its therapeutic benefits. While ultrasound waves were used to enhance the properties of numerous plant species. However, no study was investigated on applying ultrasonic waves to this particular plant. Therefore, the study aimed to assess the impact of different exposure periods (0, 10, 20, 25, 30, 35, and 40 minutes) of a frequency of 47.6 KHz on callus induction, protein content, and plant regeneration in *S. marianum*. The effect of ultrasonication was distinctive in accelerating callus induction of *S. marianum*, especially in short exposing periods (10 and 20 minutes). The percentage of callus formation reached 100%, 83.3% for cotyledons and stem respectively, when exposed to 20 minutes of ultrasound. Additionally, growth and total protein content were increased at 40 days and 80 days post-treatments. In contrast, long exposing periods (30, 35, and 40 minutes) had a negative impact on callus induction from all explants, as well as on callus growth and protein content. Moreover, ultrasonication stimulated one-step shoot regeneration during callus induction. The percentage of this phenomenon reached 100% for cotyledon at 10 and 20 minutes exposing period. This study confirmed the advantages of applying ultrasonic waves, particularly during shorter period to enhance the cultivation of *S. marianum in vitro*.

**Keywords:** Explants, Milk thistle, Shoot regeneration, Ultrasonic waves.

### Introduction

Milk thistle or *Silybum marianum*, often known as cardus marianus, blessed thistle, and other names, is an essential medical plant belongs to Asteraceae family (Abbasi *et al.*, 2010). Its fruits have been used for medicinal purposes, particularly to treat liver diseases (Sadowska *et al.*, 2023). Milk thistle was discovered in the Mediterranean region, it is now widespread around the world. The main constituent of *S. marianum* is silymarin, which has promising anti-carcinogenic, anti-inflammatory, and anti-fibrotic properties. In addition to its cytoprotective, neuroprotective,

and cardioprotective (Pickova *et al.*, 2020). Recently, researchers reported that milk thistle extract may serve as an antioxidant, immunological booster, and growth stimulator (Abdel-Latif *et al.*, 2023). Plant tissue culture is the most commonly employed biotechnology technique in the fields of primary and practical sciences (Abebaw *et al.*, 2021).

*In vitro* culture of medicinal plants has become a reliable technique for the production of high amounts of plant material (Khan *et al.*, 2021). Enhancing callus

induction such as in *Dianthus caryophyllus* (Mahood, 2021) and *Cuminum cyminum* (Salih & Al-Jirjees, 2023), plant regeneration, and the production of natural plant compounds is achieved through the application of various biotic or non-biotic stimulants. Consequently, numerous techniques have been tried to increase and improve the response of plant cells and secondary metabolites production (Tůmová *et al.*, 2014).

Ultrasonic wave, characterized frequency is above 20 kHz. It is a physical stimulus that affects various types of living organisms. The impact of ultrasonic waves varies depending on cell type, response to this stimulator on the one hand, and intensity of the waves (Quarato *et al.*, 2023). Using the frequency domain, two sets of these waves were distinguished:

1- More than twenty to one hundred kHz (low energy and intensity).

2-100 kHz and above which are called high-intensity and high-energy waves (Nowacka & Wedzik, 2016). The first set of ultrasound has received a lot of attentions due to its possible applications in biotechnology, biology, and agriculture (Rajewska & Mierzwa, 2017; Huang *et al.*, 2022). Several plants have been reported to have increased cell and callus proliferation under the influence of ultrasonic waves such as *Corylus avellana* (Safari *et al.*, 2013; Ghanati *et al.*, 2015) and Soybean (Yang *et al.*, 2015). Therefore, this study was conducted to confirm the stimulatory impact of sonication on callus biomass, shoot regeneration, and protein content of milk thistle. applying multi-drops and cross-section techniques.

## Materials & Methods

### Seed germination

This study was performed in the Laboratory of Plant Tissue culture, Research Unit,

Biology Department, College of Education for Pure Sciences. Seeds of *S. marianum* were washed with tap water for about 15 minutes. Then, seed surface sterilization was performed according to Eari *et al.* (2017) with a few modulations. The seeds were submerged in a 3% sodium hypochlorite (NaOCl) commercial bleach solution for 20 minutes. Afterward, rinse in sterile distilled water three to four times. Then, sterile seeds were transferred to 100 ml glass jars containing 20 ml MS medium (Murashige & Skoog, 1962) medium free from growth regulators. For the first three days, the specimens were incubated in a culture room under completely dark circumstances. Then, they were transferred to photoperiod (light-dark) (16-8 hours) at  $25 \pm 2$  °C. The axenic seedlings were used as a source of explants.

### Callus initiation

Thirty-day-old seedling explants including cotyledonary leaves, stems and leaves of *S. marianum* were used for callus induction. According to Al-Mashhadani (2018), the combination of (MS+1.0 mg.L<sup>-1</sup> naphthaleneacetic acid (NAA) and 0.5 mg.L<sup>-1</sup> 6-benzyl adenine BA) was applied for callus initiation from leave explants as the best medium. Thus, explants of cotyledons and stems were placed on the combination of MS medium + 2.0 mg.L<sup>-1</sup> NAA and 1.0 mg.L<sup>-1</sup> BA. All samples were incubated under 16/8 h (light/dark) photoperiod at  $25 \pm 2$  °C in the growth room. The callus was re-cultured every 20 days at the same combinations.

### Ultrasonic treatment

Different explants from thirty-day-old seedlings (true leaves, stems and cotyledonary leaves) of *S. marianum* were exposed to ultrasonic waves at a frequency of 47.6 KHz for 10, 20, 25,30, 35, and 40 minutes. The treated explants were cultured on the same

combinations as mentioned previously, and incubated in the culture room under the same circumstances. The callus fresh weight for both treated explants and control (untreated), was determined after 40 and 80 days from treatment.

### Protein estimation

The method of Lowry *et al.* (1951) was used to estimate the total protein content of the 40- and 80-day-old callus initiating from ultrasonicated explants and the control.

### Statistical analysis

The number of replicates was four for each treatment. Duncan's Multiple Range Test (DMRT) was used to separate means at significant level  $P \leq 0.05$  (Duncan, 1955). SPSS software was used to analyze data.

## Results & Discussion

It was pronounced from the results of this work that exposure of various parts of *S. marianum* to a 47.6 KHz frequency of ultrasound has an accelerated effect on callus induction. The time needed to begin callus initiation was seven days for all explants, compared to 12 days for the control (Table 1).

**Table (1): Callus induction from explants of *S. marianum* exposed to a frequency of 47.6 KHz ultrasonic waves.**

Exposure period (min)	*Callus initiation (%)			Beginning of callus induction (day)			P value (P≤0.05)
	Cotyledons	Stem	leaves	Cotyledons	Stem	Leaves	
10	91.6	83.3	83.3	7	7	7	0.7796 <sup>NS</sup>
20	100	83.3	83.3	7	7	7	0.3374 <sup>NS</sup>
25	75.0	66.6	66.6	9	10	9	0.6762 <sup>NS</sup>
30	33.3*	58.3	66.6	10	11	11	0.0035*
35	25.0*	58.3	41.6	13	14	13	0.0014*
40	25.0*	41.6*	25.0*	13	14	13	0.0600 <sup>NS</sup>
Control	83.3	75.0	66.6	10	12	12	0.3796 <sup>NS</sup>
<b>P value (P≤0.05)</b>	0.0001*	0.0016*	0.0001*				

\* Significant difference at the 0.05 level by chi-square test      NS: Non-significant

This reduction in time caused by ultrasound may be explained by the idea that sound is a

catalyst, initiating phytohormone synthesis, particularly auxins (Kim *et al.*, 2021).

Additionally, ultrasonication may facilitate the transfer of molecules within the cell such as water and oxygen. Moreover, hydrolytic enzymes could be activated by ultrasonic waves (Patero & Augusto, 2015). Furthermore, the percentage of callus formation increased to reach 100% and 83.3% from cotyledonary leaves, stem, and leaves exposed to 20 minutes respectively, which was the best treatment besides 10 minutes treatment. Furthermore, increasing the time of exposure to 30, 35, and 40 minutes had a negative effect through the reduction of callus induction ratio from all the explants. This may be due to damage of cell membrane and consequently loss of vital biological molecules. Peng *et al.* (2020)

referred that the use of severe waves could have detrimental repercussions, of which disruption of plasma membranes. Koochani *et al.* (2020) reported that using the same intensity of ultrasound waves at various time intervals has a variety of outcomes either positively or negatively affecting the development and well-being of the somatic embryos of cucumber. As shown in table (2), the positive effect of short-term exposure to ultrasonic waves represented by 10 minutes and 20 minutes, had reflected on the fresh weight of callus initiated from all parts of the plant after 40 days. The highest values recorded in these periods were 10.9 g and 9.8g for stem and cotyledons callus respectively.

**Table (2): Impact of ultrasonic waves on callus fresh weight after 40 days of exposure.**

Exposure period (min)	Fresh weight (g) ±SD		
	Cotyledons	Stem	leaves
10	8.700 ± .0816 a	10.100 ± .1414 a	7.300 ± .1414 a
20	9.800 ± .1154 a	10.900 ± .1633 a	8.100 ± .4242 a
25	7.400 ± .1414 a	8.800 ± .2943 a	6.600 ± .2943 a
30	6.300 ± .1633 a	7.600 ± .1414 a	4.500 ± .3651 c
35	6.100 ± .11547 a	7.200 ± .0816 a	4.100 ± .3162 c
40	4.200 ± .0816 *b	6.100 ± .2160* b	3.200 ± .5944* b
Control	8.200 ± .1825 a	9.100 ± .2309 a	5.600 ± .5477 a
<b>P value(P≤0.05)</b>	.000*	.000*	.000*

\* Significant difference at the 0.05 level by One-Way ANOVA table  
 Different small letters refer to significant differences, similar letters refer to non-significant differences

According to research, ultrasonic waves primarily affect plants mechanically via acoustic cavitation, which increases water uptake (Carrillo-Lopez *et al.*, 2021). On the other hand, the long-term exposure period (30, 35, and 40 minutes) had a negative impact on the biomass of the callus, as the fresh weight of the callus decreased for all explants particularly the callus of leaves that reached 3.2 g (Table 2). Dobránszki *et al.* (2020) considered sonication a form of non-biotic stress. Therefore, long-lasting exposure to this stress causes growth inhibition by interfering with the metabolic activities caused by high microstreaming within the cells (Delran *et al.*, 2023).

It was found that the effect of sonication is determined by the time of exposure, frequency and intensity of ultrasonic irradiation. Moreover, as a result of sonication treatment cellular ultrastructures, enzyme stability, cell development characteristics, the breakdown of extracellular polymers, DNA release from the nucleus, and a reduction in cell stability are all altered (Rokhina *et al.*, 2009).

Similarly, the fresh weight of the callus 80 days post-treatment was increased at 10 and 20 minutes of exposure time. The best values were 14.1g and 12.7g for stem and cotyledon respectively compared to 11.3 and 10.3 for the control (Table 3).

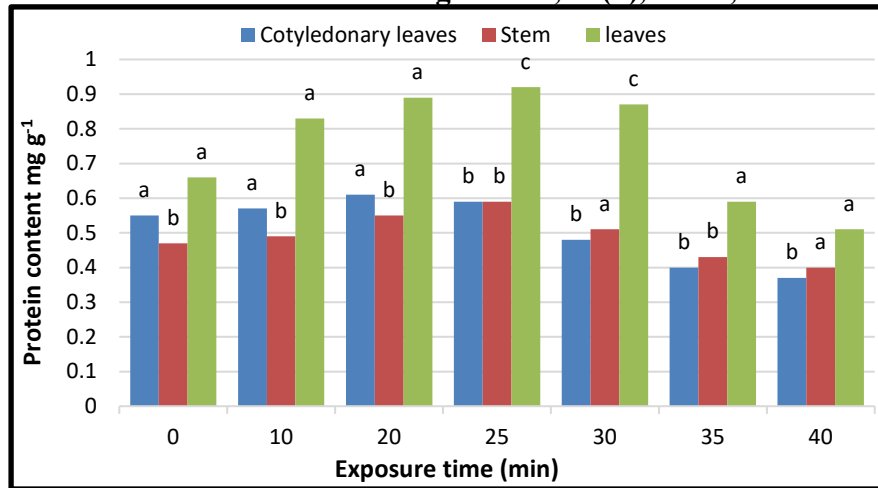
**Table (3): Callus fresh weight of *S. marianum* after 80 day of exposure to 47.6 KHz**

Exposure period (min.)	Fresh weight (g) ±SD		
	Cotyledons	Stem	leaves
10	11.200 ± .1414 a	13.300 ± .2160 a	9.700 ± .18257 a
20	12.700 ± .1825 a	14.100 ± .0816 a	10.300 ± .1414 a
25	8.200 ± .1414 a	10.900 ± .1414 a	9.600 ± .2943 a
30	7.100 ± .2160 a	8.400 ± .1825 a	7.900 ± .0816 a
35	5.700 ± .0816 a	6.200 ± .2160 a	5.400 ± .2160 b
40	5.400 ± .1825* b	5.900 ± .1825* b	5.100 ± .1154* b
Control	10.300 ± .1825 a	11.300 ± .2160 a	8.600 ± .4242 a
<b>P value(P≤0.05)</b>	.000*	.000*	.000*

\* Significant difference at the 0.05 level by One-Way ANOVA table  
Different small letters refer to significant differences within-patients comparison, similar letters refer to non-significant differences

Conversely, the high period exposure time decreased callus fresh weight. Interestingly, ultrasonication had a positive effect on the total protein content of callus. The highest

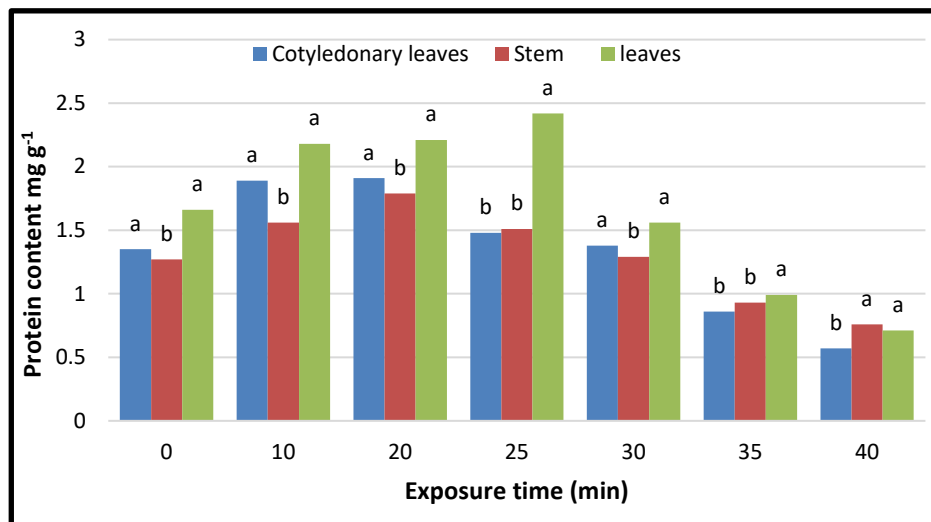
value recorded at 40 days post-treatment was (0.92 mg.g<sup>-1</sup>) for leaves callus at 25 minutes (Fig. 1).



**Fig. (1): Effect of ultrasonication on callus total protein content of *S. marianum* after 40 days of exposure.**

On the other hand, even 30 minutes exposure treatment stimulated protein content especially for callus of stems and leaves, which reached  $0.51 \text{ mg g}^{-1}$  and  $0.87 \text{ mg g}^{-1}$  respectively compared to  $0.47 \text{ mg.g}^{-1}$  and  $0.66 \text{ mg.g}^{-1}$  for control. This increase may be due to the synthesis of stress proteins. Ultrasonic waves represent thermal and mechanical stresses for plants. Zhou *et al.* (2023) referred that different plant species have been found to

contain a wide variety of stress proteins. This is because of the induction of heat shock proteins (HSPs) which accumulate as protective proteins. This suggestion is confirmed by other researchers (Bourgine & Guihur, 2021; González-Gordo *et al.*, 2023). However, the results indicated that at 80 days post-treatment, the same manner was shown (Fig. 2).



**Fig. (2): The total protein content of callus derived from *S. marianum* explants after 80 days of exposure to 47.6 KHz.**

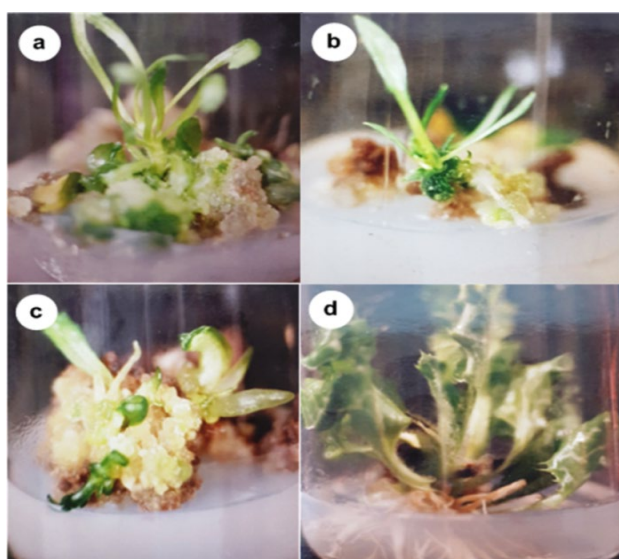
Increasing the total protein content was recorded in the callus of *Dendranthema morifolium* exposed to ultrasonics (Zhao *et al.*, 2003). It is clear that there is a wide range of studies that used ultrasonic waves for various applications in different biological systems. However, only a few studies focused on applying this physical factor to stimulate *in vitro* shoot regeneration. In this work, ultrasonication of *S. marianum* explants induced shoot regeneration during callus induction (Table 4). Both 10 minute and 20 minute exposure time were suitable for all explants. However, the percentage was 100%

for cotyledons and leaves at 10 minutes exposure time compared to 87.5% and 66.5% for control respectively. Organogenesis began after 20 days compared to 30 days for the control explant at the same medium of callus induction (Fig. 3a-c). The impact of ultrasonication on shoot regeneration also was confirmed in other plants such as *Cucurbita pepo* (Ananthakrishnan *et al.*, 2007) and *Prunus armeniaca* (Pérez-Caselles *et al.*, 2021). The regenerated shoots of milk thistle were rooted successfully in MS medium free from growth regulators (Fig. 3d).

**Table (4): Effect of ultrasonic waves on shoot regeneration from callus of *S. marianum***

Exposure period (min)	Shoot regeneration (%)		
	Cotyledons	Stem	leaves
10	100	75	87.5
20	100	87.5	100*
25	87.5	50.0	87.5
30	37.5	50.0	75.0
35	0.0*	0.0*	0.0*
40	0.0*	0.0*	0.0*
<b>Control</b>	87.5	75	62.5
<b>P value (P≤0.05)</b>	0.0001*	0.0001*	0.0001*

\* Significant difference at the 0.05 level by chi-square test



**Fig. (3): Effect of ultrasonication on plant regeneration of *S. marianum*: (a) shoot regeneration from cotyledon explants exposed for 20 minutes (b) Shoot regeneration from stem explants exposed for 20 minutes (c) shoot regeneration from untreated cotyledon explants (control) after 30 days of cultured (d) regenerated *S. marianum* plant.**

## Conclusion

This work clearly showed that short-term exposure to ultrasonic waves can accelerate callus induction, growth, and increase total protein content, in addition to increasing shoot regeneration and consequently, plantlets formation. Therefore, treatment using ultrasonication can be employed as a novel and easy technique to enhance callus initiation and plant regeneration. Generally, using ultrasonic treatment in agriculture and biotechnology can be a safe and effective method. However further research on various culture media and sample exposure times to ultrasound are still needed.

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### Contributions of Authors

Percent of contribution 100% by the author.

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### Conflict of interests

The author declares that there is no conflict of interest concerning the publication of this paper.

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## تعزيز نمو الكالس، المحتوى البروتيني وإخلاف نباتات *Silybum marianum* L. بالأمواج فوق الصوتية

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**المستخلص:** يعد نبات شوك الحليب أو الكلغان *Silybum marianum* L. من أكثر النباتات الطبية استخداماً في العالم نظراً لفوائده العلاجية. أُستُخدمت الأمواج فوق الصوتية لتحسين العديد من الأنواع النباتية، ومع ذلك لا توجد أي دراسة تناولت تطبيق الأمواج فوق الصوتية على هذا النبات. وعليه تناول هذا العمل اختبار مدات تعريض مختلفة (10، 20، 25، 30، 35، 40 دقيقة) بتردد 47.6 KHZ على استحداث الكالس، المحتوى البروتيني وإخلاف نبات الكلغان. أظهرت النتائج بوضوح التأثير التحفيزي للأمواج فوق الصوتية في تسريع استحداث الكالس لنبات *S. marianum* ولاسيما في مدات التعريض القصيرة (10 و20 دقيقة). وبلغت نسبة استحداث الكالس لقطع الاوراق الفلقية والسيقان 100 % و 83.3 % على الترتيب عند مدة التعريض 20 دقيقة. فضلاً عن ذلك نمو الكالس والمحتوى البروتيني الكلي ازداد بعد 40 يوماً و80 يوماً من التعريض للأمواج فوق الصوتية. كذلك كان التأثير التحفيزي لهذه المعاملات واضحاً في تكون الافرع الخضرية بخطوة واحدة اثناء استحداث الكالس. أكد هذا العمل ايجابيات استخدام الأمواج فوق الصوتية في تحسين استجابة نبات *S. marianum* خارج الجسم الحي والتي ربما تؤثر على محتواه من المركبات الفعالة.

**الكلمات المفتاحية:** الجزء النباتي، شوك الحليب، انتاج الافرع الخضرية، الأمواج فوق الصوتية.